



**VHG Summer '26 Camp 8 Schedule;
Group 3 (Aug 17-21)**

Aug 17

9am Shooting Bins - 9:45am

- 10am On Ice - 10:50am

- 10:50am Snack - 11:15am

**- 11:20am Field Trip (Battery Hike) - 2pm
(Bring Lunch)**

- 2:20pm Conditioning - 3:05pm

- 3:20pm On Ice - 4:10pm

- 4:10pm Pickup - 5pm

August 18th

- 8:30am Arrival

- 9am Shooting Bins - 9:45am

- 10am On Ice - 10:50am

- 10:50am Snack - 11:15am

**- 11:20am Field Trip (Mai Thai) - 2pm
(Bring Lunch)**

- 2:20pm Conditioning - 3:05pm

- 3:20pm On Ice - 4:10pm

- 4:10pm Pickup - 5pm

August 19th

- 8:45am Arrival

- 9am Shooting Bins - 9:45am

- 10am On Ice - 10:50am

- 10:50am Snack - 11:15am

- 11:20am Field Trip (Ball Hockey Goulds Arena) - 2pm (Bring Lunch)

- 2:20pm Conditioning - 3:05pm

- 3:20pm On Ice - 4:10pm

- 4:10pm Pickup - 5pm

August 20th

- 8:45am Arrival

- 9am Shooting Bins - 9:45am

- 10am On Ice - 10:50am

- 10:50am Snack - 11:15am

**- 11:20am Field Trip (Frontline Lasertag) -
2pm (Bring Lunch)**

- 2:20pm Conditioning - 3:05pm

- 3:20pm On Ice - 4:10pm

- 4:10pm Pickup - 5pm

August 21st

- 8:45am Arrival

- 9am Shooting Bins - 9:50am

- 10am On ice - 10:50am

- 11am Conditioning - 11:50am

- 12pm LUNCH HALFTIME SHOW - 1pm

- 1pm Shooting Bins - 1:50pm

**- 2pm U15 next level presentation -
2:30pm**

**- 3pm Camp Presentation - 3:50pm (Early
dismissal)**

- 4pm On ice - 4:50pm