



**VHG Summer '26 Camp 8 Schedule;
Group 2 (Aug 17-21)**

Aug 17

- 8am Arrival (Early Check-in First Day of Camp)**
- 9am Field Trip (Battery Hike) - 11:20am**
- 11:40am On ice - 12:30pm**
- 12:45pm Lunch - 1:20pm**
- 1:45pm On Ice - 2:35pm**

- 2:45pm Shooting - 3:30pm

- 3:35 Conditioning - 4:30pm

August 18th

- 8:30am Arrival

- 9am Field Trip (Mai Thai) - 11:20am

- 11:40am On ice - 12:30pm

- 12:45pm Lunch - 1:20pm

- 1:45pm On Ice - 2:35pm

- 2:45pm Shooting - 3:30pm

- 3:35 Conditioning - 4:30pm

August 19th

- 8:45am Arrival

- 9am Field Trip (Ball Hockey Goulds Arena) - 11:20am

- 11:40am On ice - 12:30pm

- 12:45pm Lunch - 1:20pm

- 1:45pm On Ice - 2:35pm

- 2:45pm Shooting - 3:30pm

- 3:35 Conditioning - 4:30pm

August 20th

- 8:45am Arrival

**- 9am Field Trip (FrontLine LaserTag) -
11:20am**

- 11:40am On ice - 12:30pm

- 12:45pm Lunch - 1:20pm

- 1:45pm On Ice - 2:35pm

- 2:45pm Shooting - 3:30pm

- 3:35 Conditioning - 4:30pm

August 21st

- 8:45am Arrival

- 9am - Conditioning - 9:50am

- 10am Shooting Bins - 10:50am

- 11am On Ice - 11:50

- 12pm LUNCH HALFTIME SHOW - 1pm

- 1pm Conditioning / Games - 1:50pm

- 2pm On Ice - 2:50pm

- 3pm Camp Presentation - 4:15pm

- 4:15 Pickup - 5pm